

Domestic Abuse Support

In an emergency situation ALWAYS call 999

Derbyshire Domestic Abuse Services

- There is one helpline number in Derbyshire for reporting or discussing domestic abuse
- Tel: 08000 198 668

Social Care (Adults and Children)

- If you are worried about the care of a child or vulnerable adult contact Call Derbyshire
- Tel: 01629 533190

If you are already struggling with any of the issues raised in this leaflet, please contact Claire Kudryk, Family Liaison Officer via your child's school or by emailing ckudryk@willowsat.co.uk as she may be able to offer ongoing support to you and your children at what is potentially a difficult time for you all.



Emergency information for parents and carers during weekends and school holidays

This leaflet has been created to help you to access support during weekends and school holidays when the schools are closed. It has some useful numbers and contacts to support you. If you ever find yourself in an emergency or crisis situation and are unsure of who to turn to when school is closed, there is still support available within the community.

School holidays can be stressful at times and children's behaviours can be impacted by these changes in routine. It is important to try and keep home routines the same so there is some consistency for children e.g. keep bedtime routines the same, continue rewarding positive behaviours and putting in consequences for unwanted behaviours. Also trying to entertain children for longer periods can present challenges. www.derbyshire.gov.uk has information about local community groups, sports clubs, charities and voluntary organisations that run activities throughout the year.

Debts and finance

Long Eaton and Sawley Food Banks

- Long Eaton: Tuesdays and Fridays - Christ Church Methodist Church, 1 College Street, Long Eaton, NG10 4NE.
- Sawley: Saturdays - 165 Wilmot Street, Sawley, Long Eaton, Nottingham, NG10 3EL.
- Both Food banks are accessible by the number 15 bus. Sawley Food bank is a few yards from the bus stop outside the Beresford Rd Chip Shop. The Long Eaton food bank is located very close to the College Street/Derby Rd stop. Buses run at least every 20 minutes during opening hours for both sites
- Please contact the food bank directly to discuss your situation for support and full details (email: info@longeatonsawley.foodbank.org.uk or call 07950 547671).

Citizens Advice

- 0300 456 8390 (advice line and to book appointments)
- Information kiosk at Long Eaton Library
- Office at Castledine House 5 Heanor Road Ilkeston

Derbyshire Discretionary Fund

- The Derbyshire Discretionary Fund can provide grants or emergency cash payments if you are in urgent need of financial help following a crisis or disaster.
- More details can be found online via Derbyshire.gov.uk
- Tel: 01629 533 399

Child Benefit Helpline: 0300 200 3100

Child Tax Credits Helpline: 0345 300 3900

Universal Credit Helpline: 0800 328 5644

Housing Support

(Including Eviction and Homelessness)

Erewash Borough Council - Homeless and Housing Team

- Email: homelessness@erewash.gov.uk
- Tel: 0115 907 2244

Derbyshire Housing Aid

- 0115 930 0199

East Midlands Homes (housing association)

- 0300 1236000

Mental health support

Mental Health Crisis Team Derby City and South Derbyshire

- Tel: 01332 623700 (24 hours, Monday to Sunday).
- Please ask to be put through to the Derby City and South Derbyshire Crisis Resolution and Home Treatment Team

Samaritans: 116 123 (Call free 24 hours, Monday - Sunday)

Talking Mental Health Derbyshire:

- Self-refer for support
- Tel: 0300 123 0542
- www.derbyshirehealthcareft.nhs.uk/